

Because no student

FEED-A-BULL Should go hungry

Easy Chicken Black Bean Picadillo Chili

Prep Time: 15 Min. Total Time: 50 Min.

Ingredients:

- 2 cans black beans
- 1 1/2 cup marinara sauce or diced tomatoes
- 1 cup canned corn
- 1/2 cup golden raisins
- Brown/white Rice
- •2 tsp olive oil
- 1/2 tsp chili powder
- 1 tsp ground cumin

Instructions:

- Add 2 1/4 cup water and 1 cup of rice to a saucepan, bring to a boil, cover, and reduce to a simmer for 30 minutes.
- Heat olive oil in 12-inch nonstick skillet
- •Add corn, cumin, and chili powder; cook for 2 minutes, stirring occasionally
- Stir in black beans, marinara sauce, and golden raisins. Heat to simmering
- Simmer for 5 minutes, stirring occasionally; serve over cooked rice.



