



Because no student **FEED-A-BULL** Should go hungry

## Easy Chicken Chili

Prep Time: 10 Min.

Total Time: 30 Min.

Servings: 4

### Ingredients:

- 1 can (5 oz.) chicken
- 1 can (15 oz.) kidney beans
- 1 can (15 oz.) white beans
- 1 can (14.5 oz.) diced tomatoes
- 1 packet chili seasoning

### \*Optional Ingredients:

- ½ cup diced green pepper
- ½ cup diced onion
- Low-fat sour cream
- Shredded Monterey jack cheese

### Instructions:

Add chicken, kidney beans, white beans, diced tomatoes, and chili seasoning into a large pot. Stir to combine ingredients.

Bring to a boil over medium high heat, then reduce to low heat and simmer for 10-15 minutes.

\*Optional: Sauté green pepper and onions over medium high heat (about 5-7 minutes). Add to chili mixture before simmering.

Garnish with ½ tbsp of sour cream and sprinkle with cheese.