



Because no student

FEED-A-BULL

Should go hungry

Three Bean Taco Soup

Prep Time: <5 Min.

Total Time: 15 Min.

Ingredients:

- 2 cans of kidney beans (undrained)
- 2 cans of pinto beans (undrained)
- 2 cans of black beans (undrained)
- 1 can of diced tomatoes
- 1 can of corn (optional) (undrained)
- 1 packet of taco seasoning (low sodium preferred)

Instructions:

1. Put all the ingredients in a large pot and bring to a boil.
2. Once boiling, reduce the heat to low, cover and simmer for 5 minutes.
3. Turn off the stove and let stand for 10 minutes.
4. Top with desired toppings of your choice, i.e. sour cream, shredded cheese.

