

Strategies to Help “TETHER” a Pattern

Tether a pattern when you need to restrain the use of a specific Learning Pattern to meet a task's demands

Sequential	Precise	Technical	Confluent
When directions are not clear, think of an assignment that was similar to the current task and make up my own directions. Think through the steps carefully before asking what I am to do.	Answer the question first and add detail if there is time. Remember that not everyone communicates in words.	Take short breaks to refresh and keep motivated. Remember that I can communicate using words.	Remember that not everyone likes change. Don't get discouraged if my idea is not used.
Take a deep breath when plans change and take the risk to not be in control for the moment.	Think about the question before I ask. Sometimes I already know the answer (trust myself).	Know that when I work with others they have something to teach me, too.	Make sure to follow the assignment's objectives and, if I'm not sure, ask.
When there is a time limit, don't panic and place a star by the most important areas that need to be double-checked.	Remember to allow others to share information.	Try to connect with the task faster rather than mulling for a long period of time.	Work to not wait until the very last minute. This will give me time to make corrections and allow it to be more complete.
Remember that not everyone has the same plan as I.	Don't get hung up on inaccuracies. Correct them and move on.	Remember that I have something that is valuable to teach others.	Allow others to share their opinions.
Allow wait time for others to respond.	Remember that there are times when I don't have to prove my point.	If I can't get it to work and there is a time limit, ask for help.	Remember that others may need help "seeing" my idea and its connections to the task.
Don't panic when the final product doesn't look like the example.	Seek to prioritize the amount of information that needs to be shared out loud or on paper.	Keep in mind that not everything has a purpose or has to work.	Stick to the task; don't let the mind wander.
Look to see if I can work with someone who uses sequence as needed.	Look for body language that suggests I am giving too much information.	Don't be afraid to share your thoughts or ideas.	Remember to rehearse before I express.

Strategies to Help “FORGE” a Pattern

Forge a pattern when you need to increase the use of a specific Learning Pattern to meet a task’s demands

Sequential	Precise	Technical	Confluent
Read the directions carefully.	Take my time and carefully read over all of the information.	Be willing to show others what I know by demonstrating something or build it.	Think of something unusual for real life and then stretch it to be imaginary.
Mark off each step as I go.	Read the subtitles to know where to gather information.	Use whatever tools are given to me to show what I know.	Be willing to take small risks with new ideas.
Look for words that ask for me to respond using a specific order or organization	Don’t trust my memory, write it down!	Remind myself that I can learn from experiences, so observe and absorb the experience as it is occurring.	Be willing to do a skit with other people to show what I know.
Double-check my work for completeness.	Look for words that ask for important details.	Check if I can work with someone who uses technical as needed.	Take my time to think of ways to do assignments in a unique or different way.
Make sure that I follow the key directions step-by-step.	Answer questions using at least two full sentences.	Look for words that ask me to build or make something.	Ask others for ideas to get started.
Make sure that I do not start something until I have all of the directions or unless I have permission to try a different approach. Work to follow through with one project from beginning to end.	Double-check my work for accuracy. Whenever possible, ask questions about things of which I am not sure.	Think about how I can apply this to my life. Stick with the task until I can make it work.	Be willing to learn about things in creative, fun and entertaining ways. Look to see if I can work with someone who uses confluence as needed.
Check if I can work with someone who uses sequence as needed.	Check if I can work with someone who uses precision as needed.	Communicate through action.	Work to make connections in order to see the big picture.