



GUARANTEED ADMISSION TO USF

COLLEGE OF EDUCATION BACHELOR OF SCIENCE: EXERCISE SCIENCE

YEAR 1 FALL

ENC 1101	3
MAC 1105	3
SPC X608	3
CHM X045/L	4
General Education/Elective	3

TOTAL: 16

YEAR 1 SPRING

STA 2023	3
BSC X085/L	4
General Education/Elective	3
General Education/Elective	3

TOTAL: 13

YEAR 2 FALL

BSC X086/L	4
HUN X201	3
Humanities State Core	3
General Education/Elective	3
General Education/Elective	3

TOTAL: 16

YEAR 2 SPRING

General Education/Elective	3
General Education/Elective	3
General Education/Elective	3
General Education/Elective	3
General Education/Elective	3

TOTAL: 15

YEAR 3 FALL USE

APK 3120 Exercise Physiology	3
PET 4219 Exercise Psychology	3
PET 3361 Nutrition for Fitness and Sport	3
PET 3211 Stress Management	2
PET 3314 Professional Development Seminar	1

TOTAL: 12

YEAR 3 SPRING USE

PET 3312 Biomechanics	3
PET 3404 Emergency Response and Planning	3
PET 3384 Exercise Testing and Prescription	3
PET 4402 Planning & Evaluating Fitness/Wellness Programs	3
<i>Apply for final internship at the end of spring.</i>	

TOTAL: 12

YEAR 3 SUMMER USE

PET 3076 Fitness Across the Lifespan	3
PET 3364 Physical Activity Epidemiology	3
PET 4093 Strength and Conditioning	3

TOTAL: 9

YEAR 4 FALL USE

PET 4413 Administration of Fitness/Wellness Centers	3
PET 4550 Clinical Exercise Testing and Prescription	3
PET 4088 Individualized Fitness/Wellness Programming	3
PET 3713 Theory & Practice of Teaching Group Exercise	3

TOTAL: 12

YEAR 4 SPRING USE

PET 4941 Internship in Fitness/Wellness	9
Upper-Level Elective	3

TOTAL: 12

The following is additional information for the Exercise Science program:

- The College of Education has a SEPARATE APPLICATION PROCESS from that of the University of South Florida. Please allow enough time to apply and received acceptance to USF before applying to the College.
- The Exercise Science program admits in the fall term only.
- The Exercise Science program is limited access and highly competitive. Only the top 36 students based on a GPA formula are admitted each year.
- All applicants must have a cumulative GPA of 2.5
- The Exercise Science Program adopts an inclusive approach to address major health concerns affecting our country through the use of education, nutrition, and lifestyle management techniques. Students will explore the science of human movement through curriculum in the biology, psychological and social sciences, including health, nutrition, exercise psychology, anatomy, physiology, kinesiology, and biomechanics. In this program students participate in field-based experiences including clinical rotations at Tampa area worksites and a full-time internship during their final semester. Upon completion of this program, students qualify for national professional certifications such as the American College of Sports Medicine's Certified Health Fitness Specialist certification and the National Strength and Conditioning Association's Certified Strength and Conditioning Specialist certification.

Students interested in Exercise Science Education may email edu-advise@usf.edu

For general transfer advising inquiries please contact transfer-advising@usf.edu



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